

SEX DESPITE BREAST CANCER SEMINAR FOR AFFECTED WOMEN AND THEIR PARTNERS

You ARE and remain a WOMAN

Dr. Sandra Korosec Jensen, MD, Pharm.Med. Medical Doctor Survivor Woman

- Re-build relationship to own (altered) body
- Learn to love and feel the new body and the (new or missing) breast, to feel and enjoy it and to perceive it as erotic and wanted
- Strengthen mental power and self-confidence
- Involve the partner and introduce him into own (changed) world, learn to enjoy together

Breast cancer and loss of the breast represent a massive attack on own femininity, womanhood and sexuality. Affected woman feels unattractive and unsecure and the last thing she thinks of is sex. Though, it is precisely a fulfilled sexuality, that is the enriching one, both for the self-consciousness and own self-esteem as a woman, as well as supportive for a faster healing process and mildening side effects of the chemotherapy.

The seminar provides a framework for those concerned to re-discover own mental strength and to regain self-confidence and thus to find new courage for exploring own body and own needs as well as erotic pleasure. The partners of affected women will be advised, how to support the affected partner and how to guide her gently back to mutual sexuality.

